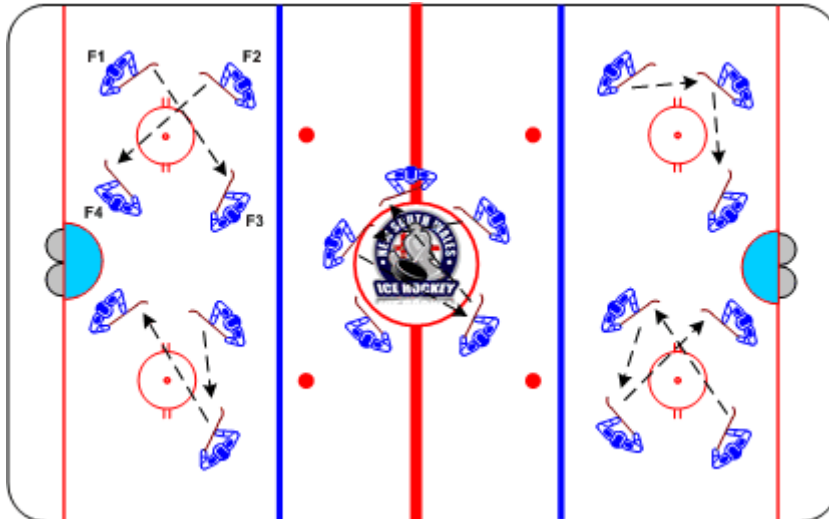




## Passing Circles, "Open Up" Passing

Duration: 5 mins

- Players passing on circles
- Players open up to face passer on forehand side by "swiveling"



### Coaching Tips

- Call for puck
- Catch and throw
- Open up to face passer

### Execution Tips

- Progression: add second puck