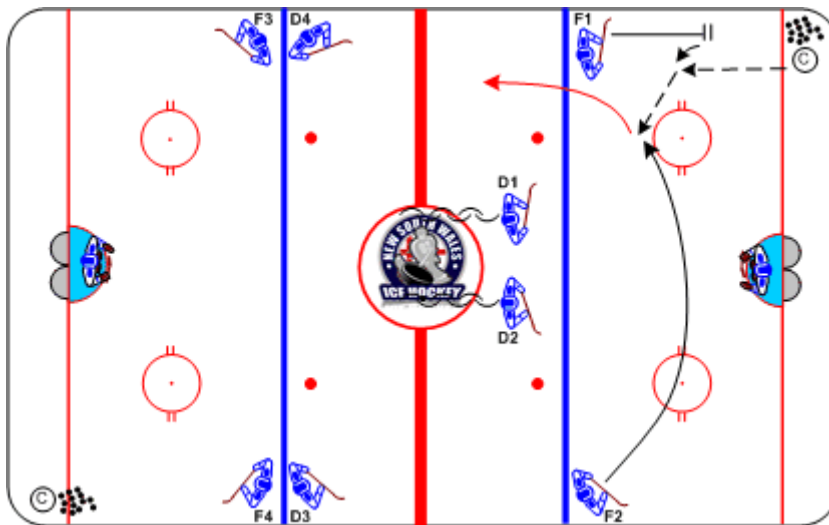




## Michigan 2-on-2

Duration: 8 mins

- 3 puck drill includes: rush, low offensive zone and point
- On 1st whistle, © breakout passes to **F1** or **F2** vs **D1** and **D2** play until completed
- 2nd whistle, © spots puck low in offensive zone
- 3rd whistle, © passes to **D3**, **D4** point, 2-on-2 slot
- Double-whistle, © breaks out **F3** and **F4** vs **D3** and **D4**



### Coaching Tips

- Pursue offensively, play loose pucks until whistle
- Defensive communication and elimination by riding out checks

### Execution Tips

- Only one © whistles for entire drill
- Make breakout habits game-like