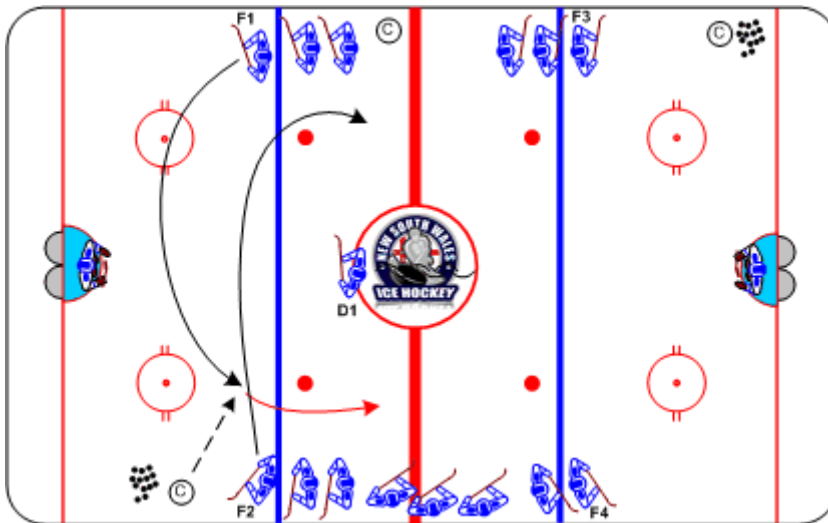




## Saskatoon 2-on-1 and 2-on-2

Duration: 8 mins

- © passes to **F1** for 2-on-1 with **F2** and **D1**
- Forwards try offensively changing point of attack in neutral zone
- **F3** and **F4** begin on whistle
- Progression: © skates behind rush, whistles and calls name of forward to become backchecker with **D1**



### Coaching Tips

- Defense read rush, protect middle-lane
- Defense to communicate with and direct backchecking forward
- Change point of attack offensively

### Execution Tips

- © to call names clearly