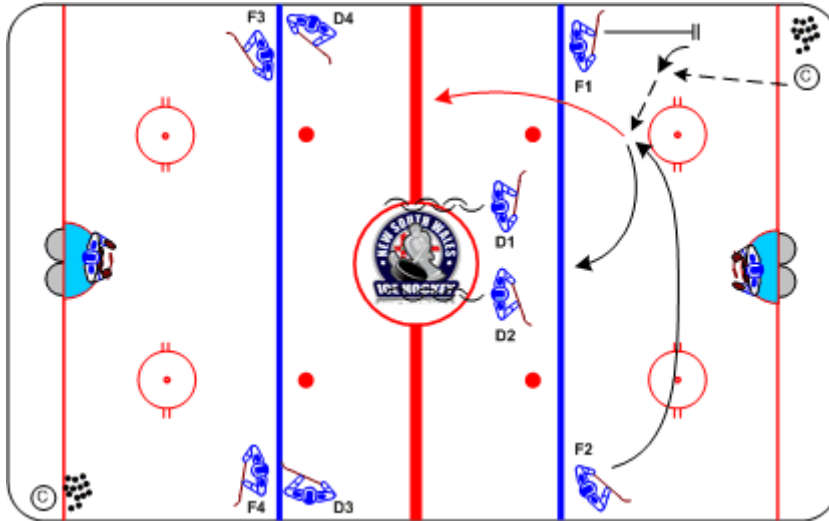




1-2-3 Offensive Attack - Delay

Duration: 10 mins

- Progression through offensive attack: 2-on-0, drive - drive; 3-on-0, 1-up; 3-on-0, add delay option



Coaching Tips

- Stop in the slot
- Timing: players off the puck must be aware

Execution Tips

- Drive first, then delay
- Cycle the puck to the quiet zone if there is no play