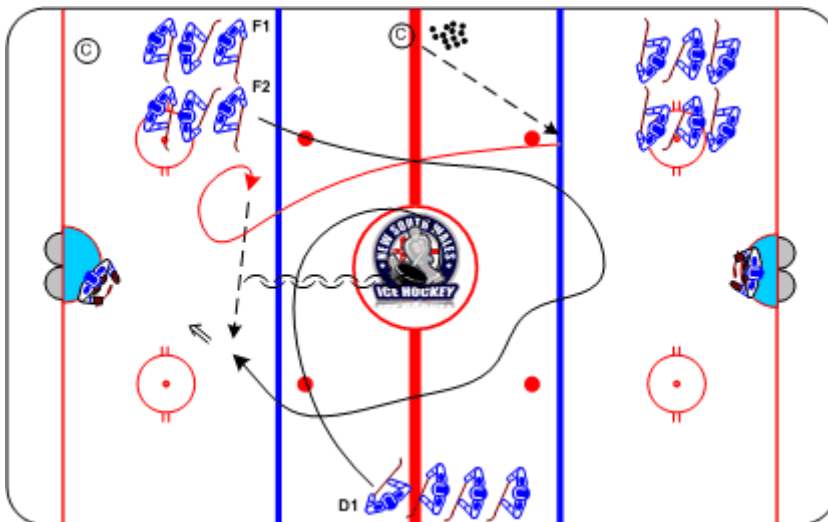


2-on-0 Swing Drill (2-on-1)

Duration: 7 mins

- **F1** and **F2** loop into offensive zone
- © passes to **F1** or **F2**. They attack **D1**, 2-on-1
- **F1** executes net drive if available, if not, use delay option
- **F2** supports, reading **F1's** option to drive or delay



Coaching Tips

- Proper support created by good read and react decisions
- Communication
- Defensive gap presents options for **F1**

Execution Tips

- © initiates play with soft pass to **F1** or **F2**
- Encourage drive as primary option
- © feedback on proper support, reads, and options