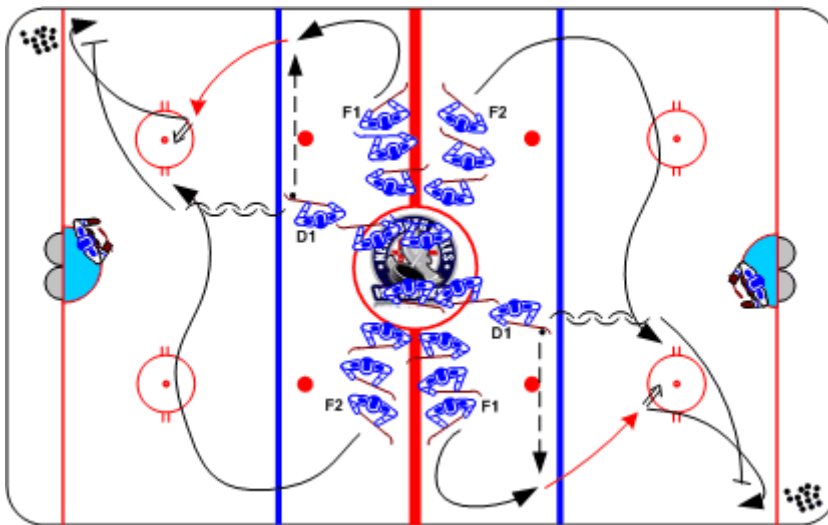


## Low Zone Support

Duration: 6 mins

- D1 passes to F1, F1 crosses the blue line and shoots
- F1 retrieves new puck from the corner for a 2-on-1 attack against D1 and the same net
- F2 moves to support F1
- Alternate sides



### Coaching Tips

- Support high or low
- Communication
- Penetration

### Execution Tips

- F2 to stay out of the "passing shadow" - high or low, but not in between
- One shot and hustle out of the zone